



## **TRAUMA SUPPORT SERVICES**

NPC 2013/042781/08 SACSSP Reg No. 430/14

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[www.traumasupportsa.co.za](http://www.traumasupportsa.co.za)

### **Trauma Wise**

An introduction to traumatic stress and trauma support practices.

( accredited for 15 CPD Points)

This course is aimed at organisations, lay counsellors and individuals needing a substantial understanding of the effects of trauma to provide better assistance to victims of violent crime and traumatic incidents.

- Introduction to traumatic stress.
- Trauma field in South Africa.
- Traumatic stress response.
- Definition of traumatic stress.
- Types of trauma & Types of victims
- 4 Phases of traumatic stress.
- Post traumatic stress reaction.
- Post traumatic stress disorder.
- Acute stress disorder
- Supporting Victims of Trauma
- Trauma Support / Crisis intervention
- Introduction to Trauma lay counselling model

### **Trauma Wise**



**Training**

Equipping Volunteers · Educating Communities

[www.traumasupportsa.co.za](http://www.traumasupportsa.co.za)

#### **About the facilitator:**

*Philip Stoneman was founder and previous director of the iThemba Rape and Trauma Support Centre. He was a trauma support trainer for the South African Institute for Traumatic Stress (SAITS) 2008-2011. He facilitated a number of workshops for SAITS for the Gauteng Department of Health and Department of Community Safety. A motivated, personable business professional with a successful 10-year track record in the field of trauma support, he has facilitated training in the field of victim empowerment and trauma support/crisis intervention with various stakeholders such as SAITS, SAP and other community organizations. Philip Stoneman is currently founder and chairperson of Trauma Support SA.*

**To book or make an appointment to discuss training at your Organization please email either Philip Stoneman [philip@traumasupportsa.co.za](mailto:philip@traumasupportsa.co.za)**

Kind Regards

Philip Stoneman

063 047 1073

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Ensuring all South Africans in all communities have access to effective trauma support

<b>Trauma Wise COURSE DATES</b>		
<b>VENUE</b>	St John's Presbyterian Church	Boksburg
<b>DATES</b>	August 20 <sup>th</sup> , August 27 <sup>th</sup> , September 3 <sup>rd</sup> , September 10 <sup>th</sup>	Course participants must attend ALL training days to receive certificate.
<b>TIME</b>	08h30 – 15h30	Please arrive at least 20 mins prior to course beginning.
<b>ADDRESS</b>	49 Leeuwpoot road Boksburg	Training room 1 <sup>st</sup> Floor Room 9.
<b>Enquiries</b>	Philip Stoneman – 063 047 1073	philip@traumasupportsa.co.za
<i>COST: R550.00</i>		
<p><b><u>Bank details:</u></b></p> <p><i>Bank: Capitec – P.A.Stoneman</i></p> <p><i>Account Number: 1418198666</i></p> <p><i>Branch code: 470010</i></p> <p><i>Please email your completed form together with Proof of Payment to philip@traumasupportsa.co.za</i></p>		

Please note: we do not recommend that you attend this course if you were recently a victim of crime / trauma or if you are still undergoing counselling / therapeutic treatment for a trauma related incident.

## BOOKING FORM

COMPANY/ ORGANIZATION: \_\_\_\_\_

TEL: \_\_\_\_\_ MOBILE: \_\_\_\_\_

E MAIL: \_\_\_\_\_

COURSE DATE	NAME OF ATTENDEE		TOTAL

### Please indicate your involvement in trauma work

Involvement in trauma	Reason for attending course
Mental health professional	Continuing professional development (cpd)
VEC / Trauma Support volunteer	STUDENT / Volunteer starting out in field
EMS Paramedic / Law enforcement	Pastoral Care worker / Pastoral Counselor / Ordained Minister
Chaplain	

**What is your reason for wanting to attend this course / What do you expect out of the course?**

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